

# WHAT ARE SOME OF THE SUPPORT SERVICES AVAILABLE TO FAMILIES?

## REGIONAL PARENTING SERVICE

Ariston Parent and Play Centre

245-249 Pakington St

Newtown VIC 3220

PO Box 104

Geelong VIC 3220

Ph: 5227 0819 Fax: 5227 0832

Frequently when I am running parenting groups throughout the region parents will ask what services are out in the community to support parents and their children.

In the Barwon South Western Region there are a variety of general and specialist services dealing with areas such as, drugs, child and adolescent mental health, family and individual counselling, special needs and confidential parent support telephone services. It would be impossible to list all the services in the region so I have only listed a few to give parents some ideas. I'm sure those services listed would be happy to speak to parents and clarify if they could be of assistance and if not help parents identify what other service may best meet their needs.

### Under 5 years

Maternal & Child Health Nurse (refer to your local council or hospital)

Department Of Human Services - Specialist Children's Services

Barwon Health Day Stay (Maternal Enhancement Strategy)

PaNDa-Post and Ante Natal Depression Association Support Service Ph 9482 9400 (Melbourne)

Prefield Officers (Contact via your local kindergarten)

### School Age

Barwon Health – Children's Mental Health Service

Ph: 5226 7075

Student Welfare Officer at your school

School Guidance Officers (Education Department)

Barwon Health – Incontinence worker

### Adolescent Services

Barwon Health - Adolescent Mental Health Service/ Geelong Central

Clockwork- Young people's health and counselling service

Ph: 5222 6690

B.A.Y.S.A. – variety of services for youth Ph: 5221 4466

Barwon Youth Accommodation Service (B.Y.A.S.) parent/youth mediation program Ph: 5223 2966

Barwon Adolescent Task Force

Brophy Family and Youth Services – Warrnambool Ph: 5561 8888

Child & Adolescent Mental Health Services –Warrnambool

Ph: 5561 9100

Francis Hewitt Centre – Hamilton Ph: 5551 8450

### Special Needs

Gateway Support Services Inc. Ph: 5221 2984

MacKillop Family Services Ph: 5278 9211

Department Of Human Services - Specialist Children's Services

Spastic Society of Victoria – Barwon South Western Region Ph: 5221 5444

South West Access Network – Warrnambool Ph: 5561 3920

### Drug & Alcohol Issues

Barwon Health – Youth Drug & Alcohol Treatment Services. Ph: 0407 528 512 (Business Hours)

Colac Community Health Service – Alcohol & Drug Service

WRAD/Brophy Family & Youth Services Ph: 5561 8888

Francis Hewitt Centre – Hamilton – 5551 8450

### Sexual Assault

Centre Against Sexual Assault – Geelong Ph: 5222 4802

Centre Against Sexual Assault – Warrnambool Ph: 5563 1277

### Domestic Violence

Domestic Violence Outreach Service Barwon Ph: 5224 2903

Colac Community Health Service Ph: 5230 0140

Emma House Domestic Violence Service – Warrnambool Ph:

5561 1934

### Family Separation & Step-Families

Bethany Family Support – Geelong

Step Family Association of Victoria

### Grief & Loss

Barwon Paediatric Bereavement Programme Ph: 5226 7525 or

1800 240 400

### 24 Hour Telephone Services

Maternal & Child Health Service – 1800 134 883 (has Telephone Interpreter Relay Service)

Parentline – Ph: 13 22 89

13 63 88 TTY (deaf hearing of speech impaired)

Directline – Information on any issues relating to drug or alcohol use. Ph: 1800 136 385

### Family Support & Counselling Service (through local agencies)

Barwon Family Resource Centre – Barwon Region

Bethany Family Support – Barwon Region

Centacare – Geelong and Warrnambool

Colac Community Health Services

Colac Family Support Service

Western District Health Service Hamilton

Community Health Services –

Portland/Otways/Surfcoast/Bellarine Peninsula/Newcomb/Corio

Department of Human Services – Youth & Family Services

Glastonbury Child And Family Services – Barwon Region

MacKillop Family Services – Barwon Region

Salvation Army

Community Connections – Geelong Warrnambool & Hamilton

Private individual & family counsellors

refer to the telephone book under counselling or therapy

*The list of services above provides an overview of the types of services available and should not be seen as finite nor as an endorsement.*