

Washing Guide

Flip over and stick this guide above your washing machine!



1. Prepare

Tip solids into the toilet. Rinse with hot water and scrub any stains with stain remover/soap and a silicone scrub brush. Squeeze out excess liquid and store, uncovered, in a dry pail, ready for prewash

2. Prewash

Wash nappies in a 40 degree wash for approx 30-45 mins. Return to dry pail till ready for the main wash. Use detergent according to machine instructions. Avoid using bleach and softeners.

3. Main Wash

When there are enough nappies to fill machine 3/4 full (or alternatively fill out with other laundry such as baby clothes), put the load in for a long and hot wash (approx 60 degrees for 90-120 minutes)

4. Dry

Dry nappy shells by hanging on clothes airer. Inserts can either be tumble dried on low heat or hung to dry. Avoid putting shells in direct sunlight.

WASH GUIDE	Pre Wash	Main Wash
Frequency	Daily	Every 2-3 days
Temperature	40 - 60 degrees	40 - 60 degrees
Cycle length	30 - 45 minutes	90 - 120 minutes
Detergent	Half dose	Full dose
Optional extras	Add booster (eg Napisan) or scrub with stain remover	None required
Load size	Any size	3/4 full when wet
Purpose	Removes soiling	Cleans the nappy