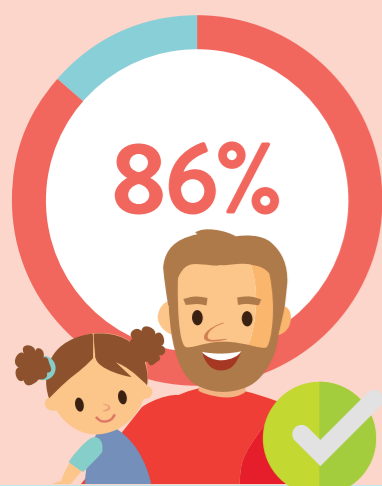
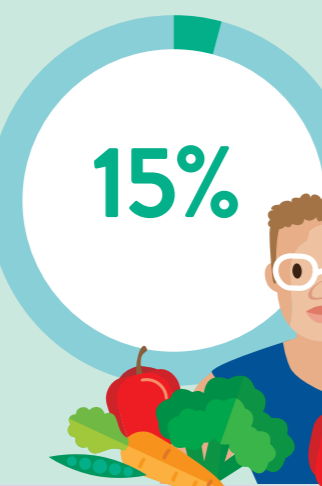


GEELONG PREVENTATIVE HEALTH SURVEY 2021: SUMMARY FINDINGS

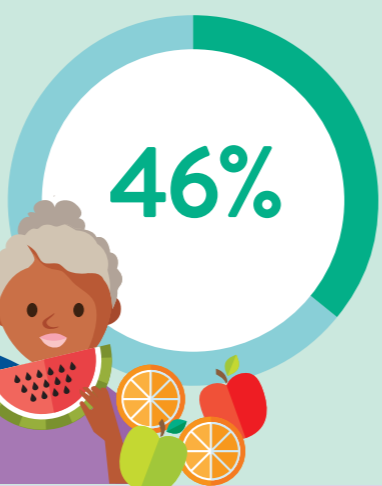
HIGHLY OR VERY HIGHLY SATISFIED WITH LIFE



MET RECOMMENDED MINIMUM INTAKE OF VEGETABLES



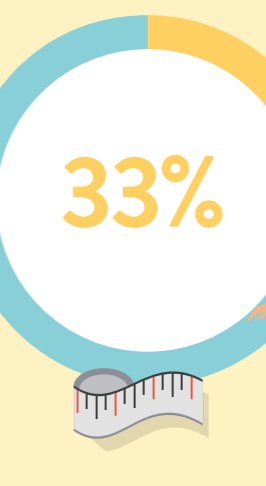
MET THE RECOMMENDED DAILY INTAKE OF FRUIT



CONSUMED SUGAR-SWEETENED DRINKS DAILY



CATEGORISED AS OVERWEIGHT



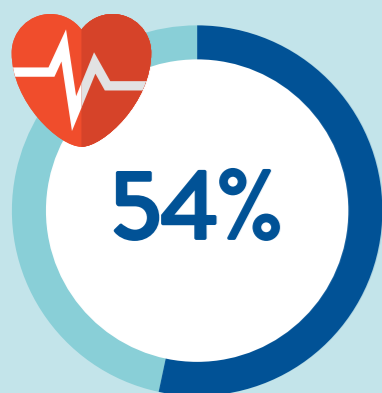
CATEGORISED AS OBESE



RELY ON A RESTRICTED RANGE OF LOW-COST UNHEALTHY FOOD BECAUSE THEY WERE RUNNING OUT OF MONEY TO BUY FOOD



THOUGHT THEIR HEALTH WAS EXCELLENT OR VERY GOOD



WERE AT INCREASED RISK OF LIFETIME ALCOHOL-RELATED HARM



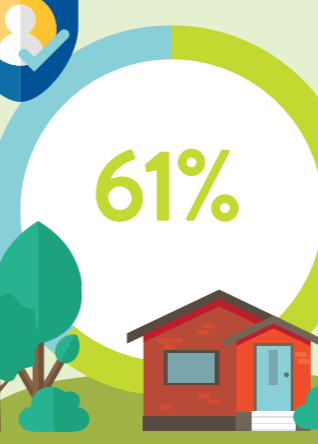
WERE AT INCREASED RISK OF ALCOHOL-RELATED INJURY ON A SINGLE OCCASION



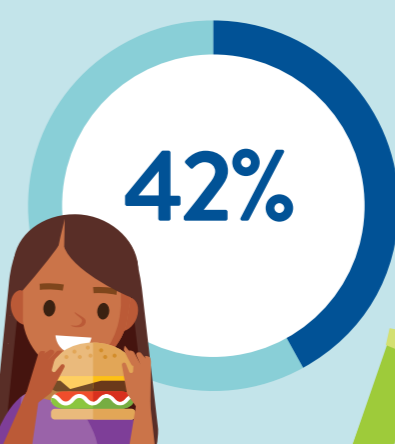
WERE DAILY SMOKERS



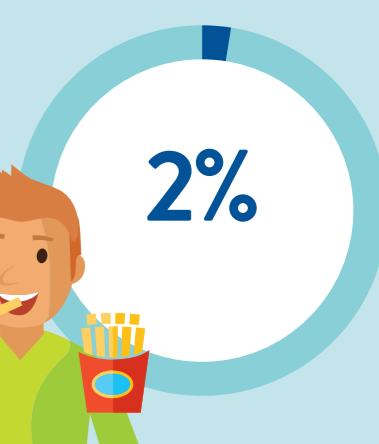
ALWAYS FELT SAFE IN THE AREA WHERE THEY LIVE



CONSUMED TAKE-AWAY MEALS/SNACKS 1-3 TIMES PER WEEK



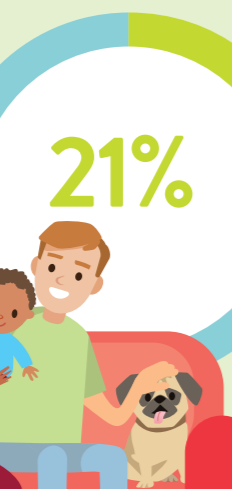
CONSUMED TAKE-AWAY MEALS/SNACKS 3 OR MORE TIMES PER WEEK



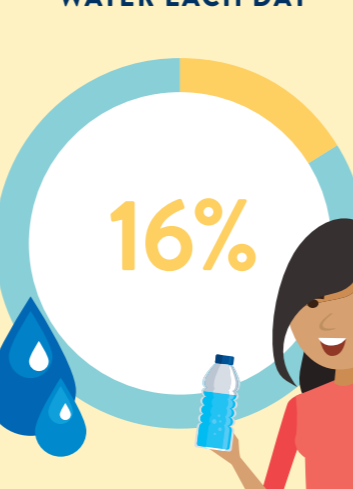
MET PHYSICAL ACTIVITY GUIDELINES



CATEGORISED AS SEDENTARY



CONSUMED 2 LITRES (8 GLASSES) OR MORE OF WATER EACH DAY



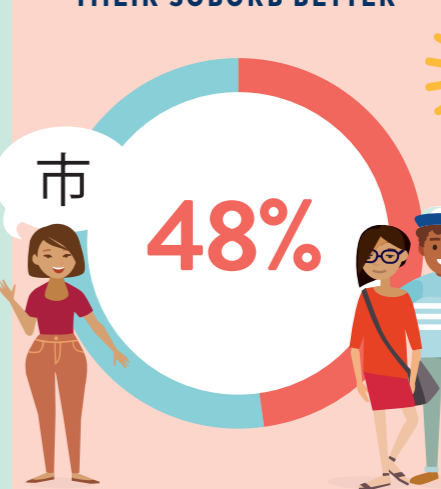
REPORTED HIGH/VERY HIGH PSYCHOLOGICAL DISTRESS LEVELS



KNOWS SOMEONE WHO HAS EXPERIENCED FAMILY VIOLENCE



THINKS MULTICULTURALISM DEFINITELY MAKES LIFE IN THEIR SUBURB BETTER



ARE VERY CONCERNED ABOUT CLIMATE CHANGE

